

October 5, 2026

Head Coach Dan Quinn

Opening Statement:

“All right, thanks. Well, let's get rolling. And we can begin with something I've had to begin with way too often, some injury updates. So, let's start with [WR] Jaylin Lane had fractured and dislocated his ankle. He will be out for the year. [QB] Marcus [Mariota] sprained his MCL. It's the same one that he injured in training camp. Don't have an exact timetable yet. We'll know a little bit more after his return to play process, but he'll be working off to the side as it goes through the next week or so. As far as others hurt in the game and didn't finish, we're still working through that, just obviously with getting back late last night, some later MRIs and we'll do our medical meeting that takes place tonight. So, as far as meeting with the team today, I spoke of our preparation. I liked what I had saw while in London. At our best, I talked about our complementary football and like how important that is. In this game, although we had a plus turnover margin to get two ended up with six points off of the two takeaways and off of our one turnover, seven [allowed]. And then I thought the field position battle was significant for us. So, we're all frustrated. But I thought overall the players have honestly created an excellent crew together. These guys are strong, they're connected, and NFC East, division leader coming to town, and it's gonna be an absolute battle. So, there's no time to look too far back. We're pumped to be back playing home again, and even I should have brought it up last night, but for those that were at the game our fans created a really cool atmosphere in London. I felt it, the whole team did. So, like I said, I'm frustrated, but don't get it twisted, my belief in them isn't wavering, you know? Got a good fire that's been lit, and we'll channel it the right way. So, I know we got a lot of questions to get started on, so, I'm ready to get rolling with you guys.”

On if there are plans to bring in a veteran quarterback and on DE Charles Omenihu's injury update:

“As far as the quarterback goes, we'll know more once we go through with Marcus. I liked what I saw from [QB] Athan [Kaliakmanis] in some spaces, but we really don't have an update for you until we know maybe the length of where we're at with Marcus. But the fact that it was the same injury he's had, hopefully there's some familiarity with where it is, but just too early to call in that space with his return to play. And as far as, I think you said Charles, we're still waiting to get some of the results for him with his groin. So, we're gonna actually team up later on tonight. There's still a few guys this afternoon that are getting finished up on some MRIs.”

On a positive attribute of the team during a tough time:

“Well, I thought defensively, I did see some improvement when I was walk- talking through on, you've heard me talk about communication over the first couple weeks, you know, in the run game, what I'd like to see and create some takeaways. So, I thought those were steps in the right direction. I'd like to see us close the door more in the second half defensively. I think that's a space to go as we're going through it. But I'd say the thing that I do wanna hang our hat on is this fact that

because the team is connected, they know how to play for one another, that complementary football part of things, the field position, how to lean into those three groups together that's really when we're at our best. And so that's why so many times I'm bringing the whole group together. This is the teaching, the game management moments, all of it. And although they went through some adversity, these guys really fight for one another. And so, I do appreciate that with them."

On the offensive line's performance in Week 4's game:

"I thought after maybe about the first series, I thought the protection for the most part felt solid without the blitz part of it. I'm saying that one time there was a seven man, which they were bringing eight for that protection. I would say that the spot that I would love to see us improve upon as we head into this week, I thought just the consistency in the run game. There was a couple I thought that [RB Austin] Ek [Ekeler] had a few and if you take out Marcus' long run on the replay early, I didn't love sustaining drives into that sense. And so, some of that changed when Marcus left and Athan came in. But by and large, that part of our run game, I thought we had taken some strides forward and this one I thought didn't feel as clean and as strong to me."

On the offensive line's depth despite the injuries:

"Yep, and we're hopeful that [G] Sam [Cosmi], is gonna be back into the mix this week. He'll likely rejoin practice as his return to play, so that definitely helps. And so I thought between Sam and then [C/G] Nick [Allegretti] and [C/G] Matt [Gulbin] on the interior part, as that settles in, because I think [C/G] Lucas [Patrick] has done some nice things inside, so it'll be good to get Sam back in and obviously, we love Nick and Matt, what they can do, but we're still tweaking it to find the right combination for sure."

On if S Nick Cross will be able to practice this week:

"I'm glad you asked about it. He, also [RB] Rachaad White, the three of them [Cross, Cosmi and White] we can kinda put together. It'll be good to have Nick likely return to practice this week as well. So, with Sam and Nick not traveling, the hope was to get them into practice this week, so it'd be good to get Nick back into the mix. Like for the last couple weeks, you know, not having him and Sam part of that group, it's good to get them back."

On an update on the injured players that are eligible to return this week off PUP and IR:

"Yep. The group, they look good. They've been working off to the side and we'll have to make some decisions moving forward. It's Trey Amos, like you said, [DE] Deatrich Wise [Jr.] and J-Mac [RB Jeremy McNichols]. And so, we'll kinda go through the group of them tomorrow to see, you know, when does that begin, their windows to get started. But you're right, those are the three, and this could be the first availability for them. We haven't finalized the three of them just yet. So, we'll work through that into tomorrow and then have a plan for you. I can follow up on that with you on Wednesday before practice too."

On if QB Jayden Daniels' practice plan:

"Yeah, the goal is for him to have a full week of practice, full week, and start on Sunday."

On if WR Terry McLaurin will practice this week:

"We're still evaluating. I'll give you a better update for him for Wednesday. You know, it was a difficult call, but one that was the right call on Sunday. But I'll give you a better update once we go through him working off to the side with the trainers. Today was more on the strength side of things, so we'll give you a better update as we get to it."

On speaking about players who aren't injured:

"[Laughs] It would be [easier]. Yeah, that's why I said, the start, man, is let's begin with something way too often, so I'm ready for that. Let's talk about some football, man. I'm with you."

On where he plans to lean into with several key players injured right now:

"Yeah. So, some of the deeper spots, you know, that we've been working through, I think receivers one, because of obviously [WR] Luke [McCaffrey] being here and [WR] Van [Jefferson] having the experience. So that position is certainly one that's stronger. And then, you know some of the spots like that running back, adding [RB] Austin [Ekeler] back into that mix, J-Mac back into that space soon. So those are two that lean into that spot some more. As we get through the medical meeting tonight, I'll have a better sense for if we have to add anyone through on, at different positions, but I wouldn't expect it at those two, that's for sure."

On working the offensive line on consistency specifically with running the ball:

"Yeah. And, I think adding Sam back to it would certainly be a shot in the right direction. I got my fingers crossed for that, for him to rejoin practice and get into the space with Jayden, we can get in and out of some plays that, you know, on different looks that is helpful. But as we're now gaining into our fourth game and now getting into five and six and seven, I'd like to see that continuity and consistency stay there. Some of the best plays come off the action that goes with it. In certain games, even though the run game might be less, you'd like to see the play passes have the explosives come out of that. The drop back's different, you know, how we can attack in different zones. So, I am excited to get a group that can play together longer and we haven't had that to the level I'd want yet. But as the running backs start to get into it, I like Austin being back into the mix. We're gonna stay really consistent in the preparation for it, knowing that the more times we get, the more shots at it, that's an important piece. So, some of that's in practice, but more than anything, man, finding some consistency in there with the group is a big deal for me too."