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QB Marcus Mariota

On if playing in a stadium built with NFL gameplay in mind will improve his game performance:

"I don't know. I'm actually just excited to play at a different stadium. I grew up playing soccer. I grew up being around the game. So, to play at Wembley and then last year play in Madrid and then now play at Tottenham that's really cool for me. It's kind of a cool moment. So, I'm looking forward to it."

On if he had a favorite Tottenham Hotspur F.C. player:

"I mean, [England National Football Forward] Harry Kane, but I know that might be a little bit rough right now, but yeah [laugh]."

On how his history playing internationally can prepare him for this Sunday's game:

"Well, yeah, it just kind of throws you out of your routine. And at the same token, you just have to find ways to make it as close to your routine as possible. And just kind of enjoy it, right? Like you're outside of the country. You get to play football in a place that is starting to really love the game. And I just, I look forward to even this small event and it is. It just kind of throws you out of your routine, but at the same token, it is an awesome experience."

On proving to the world he can still play at a high level:

"I think at the end of the day, like I've always had a belief in myself. So that prove it has never really crossed my mind. I just wanna be able to help these guys out and find ways to win. And if that means me playing well, great. If that means me managing the game and making sure that we're eating up clock, I'm taking care of the football, like I'll do whatever it takes to win. And I'm at that point in my career where that really is all that matters. So, I'm not here to prove anything. I really have just believed in myself all this time and the more that I can just help these guys out and win games, that's what's most important."

On conversations he's had with QB Jayden Daniels about the return to play process:

"Well, I think we have a great team. Whether it's the medical staff, whether it's his own staff as well. Like they're gonna make a collective decision that is best for Jayden and we are gonna support that. And at the end of the day, I think if he's out there and he can play, he should play. This is his team. And the more that we can help support that and give him all the tools that he needs to be successful, that's what our roles are. So, for what it's worth, I think at the end of the day, he's gonna make a decision that best fit for the entire organization and we're gonna support that."

On how his routine has altered since arriving in London:

"Yeah, it, spending time with the crew [laugh]. I've really learned over the course of my career, balance is really important. So, yesterday, was able to sneak in an early dinner with the kids, but usually, being able to put them down, being around them, because that's really for us, that's, like,

our time. Because Wednesday, Thursday, Friday are really busy days. So, I really enjoy those moments with the kids. But for us getting on a flight, not being able to do that, that's a little different. Getting the game plan a little later, which is again, something that's a little different, but we had so much time when we got here that we had the opportunity to really dive into it and make sure that we were good on it. So, little things like that. My kids are gonna stay out. They're not gonna come to the game. But my wife will be here, which will be fun. And so, there's little things here and there that are different, but like I said, we just find ways to try to make it as normal as possible."

On how Daniels has handled his injury:

"Unbelievable, really. Like, very traumatic injuries. Very public injuries too, right? Like people, I'm sure see scrolls or he's doing his own thing. He's gonna see that over and over again. But I think the way that he's handled it this time around, he's always a person that's in good spirits, but you can tell that this being the second time around, he's comfortable with where he's at. He's comfortable with how this process is gonna take, however long it's gonna take. And he's really just trusting kinda everybody around him. And like I said, everybody's best interest is for the organization and for him, and we're gonna do all that we can to help support him."

On not letting an injury affect how you play in the future:

"You really, I know for me personally, I can't speak on others, but when I had my ankle injury back in '16, that first year back out in '17, like, I just wanted to get hit. I wanted to kinda take a little bit of the contact because the last time I'd gotten hit I had that injury. So, once I was able to kinda happen, I felt like I really got back to myself, but it's one of those things that injuries, for better or for worse, like you said they're always gonna be in the back of your mind and they're always gonna be there. And the more that you can just try to make yourself feel normal, get hit, kinda be around, slide, little things like that, it helps you get back into the game. So, for me personally, it was just getting hit."

On areas the offense wants to clean up:

"Definitely the pre-snap. We were doing a relatively good job throughout the game of creating second and manageable situations. But then whether it was an illegal shift or a false start, then now you're all of a sudden, you're in a get back on track situation and they can kind of pin their ears back. And then we're third and long and it's tough to convert those. So, I think for us, it's just continuing to build off the rhythm, not let our own self-inflicted wounds hurt drives, because I think when we were on task and we were able to move the ball, we were able to score points. And so, the more that we can eliminate those types of things, eliminate the negative plays, we'll find some success."

On if dealing with long flights to Hawaii makes flights like the one to London easier:

"I would say so. I feel like I'm a veteran when it comes to cross-country travel. And yeah, sleeping on planes, that's just part of it. And during OTAs with my family staying out on the West Coast, catching the red eyes back to the East Coast and those kinds of things were just normal. And I think our staff did a great job of explaining to guys like you just, you have to sleep and the more that you can sleep on the plane when you get out here for today, you'll feel somewhat normal. And I've always kind of done that in my travel and I think the more that these guys do this kind of international travel, the more that we can sleep on planes and those types of things. It really starts to make your body feel a little more normal."

On if he and Daniels have a joking or competitive banter:

“Yeah, here and there for sure. Jayden probably would've scored, no doubt [laugh]. And I think it's funny, like he'll come off the sideline and whether it's a good ball or not, we always joke about whether the ball is spinning. It's like every quarterback's like mental gauge on how the ball is thrown is whether the ball spirals or not. And so, he could throw like the best ball and I'd be like, ‘Not, was it spinning like you wanted?’, just kind of little jabs here and there. And I love that our relationships at that point and it makes our entire quarterback room fun and yeah, there's definitely jabs here and there which makes the sideline that much more enjoyable during the game.”

On what is working with the passing game:

“Well, I think for us, our guys have really dived into the details. We talked about all week there was a second and long situation and [WR] Stef [Stefon Diggs] had a route where he had an under route, so he had a five and in. And I talk, we had talked during the week, like, ‘Hey, if you're open, just stay open’. And a savvy vet like himself, he was able just to see himself open, caught it, made a move on [Seattle Seahawks CB Devon] Witherspoon, and then got another 10 yards. And, like, little things like that, which to the naked eye might not seem a lot, but for us, those are huge. Those are moving the chains. Those are kind of creating explosives and there's countless other acts of that throughout the game that I think really are starting to show up. And the more that everybody's in this offense, I think the more that we can build off of that.”

On how soccer helped his football game:

“Spatial awareness. As you play soccer, football, like, you had to know the next move before the ball came to you. And being able to see the field, where people were at, kind of diagnose where to put the ball, I feel like for me personally, that helped my spatial awareness as a quarterback. All the footwork stuff, definitely. Whether it's taking five, seven step drops, being out a gun, not a pistol, like, all those things are little things, but things that I felt like fundamentally soccer brought to me. So, I love the game. My brother still to this day follows EPL [Premier League], he's religious about it. And it's one of those things, it was the first game I played and as my kids are growing up, I definitely push them into that direction because I think it's just a, it's such a good fundamental sport for everything.”

On if he has a soccer team that he supports:

“Me, I don't have one particularly. My brother's a Liverpool fan though.”

On Baltimore Ravens RB Derrick Henry breaking records and what goes into continuing to play at a high level:

“To speak on that too, he really didn't play a lot until his third season with us in Tennessee. So, some of these records that he's starting to hit, I can't imagine if he was really kind of the lead back and had those extra couple years and where his yardage would be at. And then I mean, he's a physical freak. He walks around and you just, you're like, ‘Is that a defensive end? No, that's actually a running back’. But being around him for, for all those years, he takes his diet seriously. He works out like no other. I mean, you're talking about a guy that works out before practice, comes in, does more stuff. He is constantly trying to find ways to improve his body and to me, there's no surprise that he's starting to climb up these record books. I really think he's got as much time as he wants to. He can play as long as he wants to. Those physical traits, I don't think will diminish. And I feel very fortunate to have gotten to know him and to play alongside him.”

On his tight window throws to WR Terry McLaurin and giving a receiver an opportunity:

“Well, with Terry, those 50/50 contested are more, 80/90 for us. And he's done it constantly through his career. I think he's arguably one of the best contested receivers in the NFL. And I know if I just give him a chance, he's gonna come down with it more times than not. But a lot of credit is due to him. To create separation, he has to find different edges, create advantages, and he constantly finds that little bit of separation. And so, there's a lot of trust that goes into it. Terry's the ultimate pro. He's always asking questions about how I'm seeing things, where he can be better in his routes. And for a quarterback, that just makes you feel very, very comfortable when you throw him ball. And the more that we can continue to build that, he's always gonna be there for us.”