

September 28, 2026

Head Coach Dan Quinn

Opening Statement:

"I thought most importantly, let's start off with a [LB] Leo Chanel update. So, Leo had surgery this morning and it went well. That's a big deal. He is a great teammate and has been a really significant addition for us both on and off the field. So, man, that was good news to hear, just a little bit ago that things went well. Also on the injury side, I know you have some questions regarding [QB] Jayden [Daniels]. Good to report that he and [LB] Frankie [Luvu] and [TE] Chig [Okonkwo] will all be back in practice this week in some form and fashion. So with that said, I'm glad to open up to you guys and get rolling for today."

On the plan for the linebacker room if Luvu doesn't play this week:

"We're encouraged by where Frankie's at, but we'll be prepared if that's not the case, through practice squad and others. But we're encouraged about the progress that he's at. But [LB Austin] Keys is also somebody here from the practice squad, so it would be, where we're at from our in-house group."

On what he wants to see from Daniels in practice to ensure he is ready to play:

"Yeah, just like a return to play process that we set forth of where it's at, different than just running and throwing, kind of the whole process for it. But he'll definitely be participating in some fashion as we go. But we'll take it through tomorrow and Wednesday will be a lighter practice for us. So, we'll really ramp up our work as we get there on Thursday."

On if G Sam Cosmi will travel to London:

"We'll make a decision that you can imagine still, like, some tests and where we're at on scores and such with him. So, we'll know a better update on him tomorrow morning, lunchtime tomorrow to see if it's a possibility or not."

On Offensive Coordinator David Blough's playcalling during the Week 3 game:

"I thought one thing that was consistent, that was good, I thought he really stuck with the run. And if we're gonna be a complementary team, that's not an easy group to do it against [Seattle Seahawks], especially with the interior of their group. So, staying into that, I thought was a big deal. And then at the end, I thought that was when David and [QB] Marcus [Mariota] really had their space to go. Here's a two-minute that, they really managed it well in terms of how we use the clock, get to the third downs, and then converting those two third downs, that was it. But in that space, I felt like that's when, like, David and Marcus, you knew kind of what calls to expect almost based on where they're at."

On Mariota's ability to connect to WR Terry McLaurin on his touchdown play even though it wasn't intended to be a go route:

“Yeah, there were a few plays like that. There's one like that with Terry. Like I said, it was, on the release he had a shot to keep going and be aggressive down the field. And I think Marcus' instincts can take over in moments like that to go. There was another one to [WR Stefon] Stef [Diggs] on a route that was an outbreak or in breaker and he knew just kind of the right location, the right space for the ball. I thought that showed up. And I felt Terry's energy, leadership, play making ability in such a significant way in this game. It's very much contagious [laughs] in that good way. And so, to see that on full display for both of them, that was a big deal.”

On if there were different coverage issues from the team against Seattle versus in the first two games:

“There was some different things in this sense. There were definitely, I didn't think we tackled as well as we did in the first two games. And so, I thought that added to it. There was a screenplay that had additional yards on a missed tackle or two missed tackles actually on the play. So, I thought we had some tweaks and you saw that of where it would go. I thought in the first half it went better than the second, but I definitely felt that things, although they had a lot of yards throwing, there was definitely some things that I liked better. I liked our aggressiveness, our chances at the ball to create some takeaways. So, I felt that there was definitely significant improvement upon our communication in the back end. And that was one of the things that we were really targeting into this week. So that was good to see.”

On the team's three penalties during the Week 3 game:

“I can hit all of them. Let's start with [OLB] K'Lavon [Chaisson] on the sideline. Looking back at it from the TV copy, it certainly felt like a hit that was in the strike zone. That's what we're aiming for on the sideline. And so, catch, not a catch, sideline to go. But I liked, after the quarterback got outside the pocket, K'Lavon finishing the play onto the sideline. So, what to look back at it, but I felt like we're trying to coach strike zone hitting, and I felt like it was into that location. It was a tough hit, no doubt about it, but I thought it was a clean hit. It wasn't anything that felt like rose to the level of that for me. But that's their interpretation. I know things are moving at full speed. It's a hell of a lot different than when we're doing it frame by frame. But that was my look at it when I was watching the copy. Second one after the shift on [RB Jacory] Bill's [Croskey-Merrett] run, we started, as you remember, like in an empty formation, come back into it. So, the receiver has to step on the line in that instance. It was a good check by Marcus, based on a certain look to see if we could get onto the edge. And so that was a missed opportunity for us. And then the third one was a, I guess, unsportsmanlike celebration. So, it was a player on the field that was not in uniform, which resulted in the 48-yard extra point and miss of that. And you can imagine my thrill with that [laughs]. So, we had a good discussion about that in the meeting today and I love the energy our team brings. It was like definitely a team win, and I felt every bit of that and our team does. But those are ones, not K'Lavon's, but the other two. Man, those are in our control and let's get those done.”

On an update on G Lucas Patrick and the overall game performance of the interior offensive line:

“It was a challenging front too, but I liked what I saw from Lucas in his first time with the team. I thought calls and naming it and targets to go was on point. And I liked him, honestly, man, like, toughing through a foot injury as it went through it and battling for it. So, you could tell he's a guy who's here to prove it. And so that, like he wants in on it. And so, I was appreciative of the fight for that. I like that we stayed with it in the run game. That was a big deal for us to make sure we would have some balance. We didn't want this group having a pass rush mentality on the whole time. So

definitely things that we wanna continue and improve upon, but with Sam being out and had to shuffle around a little bit, I thought this gave us our best op to go after it.”

On if there’s a return to play timeline yet for Daniels:

“We haven’t just yet, but I think once we get there, that’ll give us a little more indication of where we’re at, how we can go into that space. But just the fact that we’re working back into that space gives me optimism heading into the week about where we’re at and the health of the team. So that’s a good sign. We’ve been banged up in this first part, and so Leo, yesterday was obviously a significant one and certainly glad to hear reports trending on the upswing for him. But I’ll have a better sense when we get there and get settled, and then I can give you a better update. Really after Thursday is when we’ll get our most speed.”

On if Daniels is pushing Quinn to play given he is such a competitor:

“That would be him, for sure, yes. But, to his credit, he’s been absolutely putting in the work. He has not done that [pushed to play] today. I’m not gonna say he hasn’t done it yesterday or that’ll be the case tomorrow, but I am excited to get him back out on the practice field.”

On how such a big win last night helps push the team in a positive direction:

“It just felt very much like a team win. And all three phases, in the complementary sense, felt that way. I was saying earlier, you don’t have to say brotherhood around here a lot, like, you just feel it. And in that game, I just felt it. I don’t wanna feel it when there’s an unsportsmanlike penalty for celebration on the field, but I did feel offense up, defense up, the support of one another. I think some of that may stem from the competition that we do in practice. They know what we’re doing, how we’re going. So I like that they do that three times a week and that they go against one another, good on good, have at it. When those plays come up that they’ve been working on battling for it during the week, I think it adds an extra layer of things to it. But there were a lot of guys just battling for it, man. And we knew it was gonna be a slug fest going in, and it certainly was. It was one that was gonna come down all the way to the end. So for us to make some plays at the end was big, like answering with a field goal at the end of the half, I thought was big. So, I think the vibe would be one of seeing some of the work from practice come through and we’ll stay in that pocket.”

On Mariota effectively altering a play when needed and having that veteran mindset:

“A little bit of both. And you’re accurate on that assessment of him putting into some good plays to go, including the third-and-nine play for [RB] Rachaad White. Here’s a look to get into it. That’s part of our system, where they have the ability at the line of scrimmage to get into some calls, but you’re accurate that he and David [Blough] were very in sync, in terms of best plays, best location to go hit on some. And, like I said, this is a tough front that makes it hard to get the ball run in some scenarios. So to have some spaces at the end to get that done, that’s a big deal.”

On if Daniels’ injury this year will allow him to be back playing sooner than last year:

“Yeah, just for me, I guess, hearing from the medical team about where it’s at and how he’s doing, I’d say that’s the difference. But as far as the compare and contrast, I don’t have an answer for you on that, only that just following the guidelines that are set and for him going through the process of getting the opinions, both in New York and in LA. It kind of sets the plan in motion, so we’ll stick to that.”

On White’s shoulder injury:

“Yeah, he showed a lot of toughness in this game of finishing out to go. I thought that was a big

deal. No bigger play than his third down run. We'll see what it looks like. The practice for Wednesday will be lighter, and so when we get into Thursday and Friday, that'll be the biggest test for him to go. But he definitely demonstrated, I thought, just like a great example of toughness and finishing in that game."

On what things stood out about the defense that made them generate turnovers:

"Yeah, I'll take it a step further, and it was nice to see on the first one, touchdown, on the second one get converted into a touchdown, and the third one obviously went into a touchdown. So, knowing the field position that got created with the first two turnovers allowed, I think Terry had a touchdown and might have been the first one for [Rachaad] White. And then those were both after the turnovers. But I felt intentionality during the week. In the first two weeks, I thought we've had our moments and we didn't nail them. And in this game, I thought when they were there, a tip ball, a fumble recovery, those were the ones that would go into that space and we have to stay in that pocket for sure. We know the importance of it and we'll work really hard to create them. That's the challenge."

On if S Nick Cross will travel to London:

"I don't have any update on him yet. We have one more medical [meeting] tomorrow, but we'll give you an update, just as soon as we find out on that side. But no update on Nick and Sam [Cosmi] was the other one in that same space."

On if RB Austin Ekeler is traveling to London and on his availability:

"Yep. We definitely expect him to travel and be a part of it this week. And then, new system for him on offense and not so much on the team side, but we'll get him into the mix and see what the next three days looks like. It's cool to have Austin here. He's a great teammate and really one respected teammate here. It was definitely good to have him back into today. But we'll get him into practice [in England] and we'll kind of see where it gets into on Thursday and Friday as we get towards the end of the week."