

September 14, 2026

Head Coach Dan Quinn

Opening Statement:

“How’s it going everybody? I spoke with the team this afternoon and part of the topic was missed chances and missed opportunities this game and knowing that we don’t get those back. You don’t get them back in September football or in February football, but you will see the opportunities again and the thing we wanted to make sure, ‘What’d we learn from them?’ It’s all connected. I also told them some of the things that I liked. In the game, I really thought the strain, the physicality and the toughness, I saw that, thought it was the most evident on the flagship. With TO [S Tyler Owens] on the punt play of beating a vice and going down and making a tackle. I like offensively in the red zone, scoring down there. We talked about the difference between field goals and touchdowns, the red zone, and it’s been one of Philly’s strengths defensively. I liked what I saw on fourth down. You know, the chance to convert, we needed to do that. I liked how we started the game offensively, got a drive, we got some points with a long field goal from [K] Drew [Stevens]. And I liked how we started the half defensively, so we talked about both of those things, leading up into the week. Some of the things I’d like to see improve, boy, the chunks defensively. To have a couple of big explosives, that stung because I thought there was some really good ball in between those, and then generating more explosives offensively. It felt a lot of third and seven-pluses and those are the ones that we didn’t get a lot of. Lower ones that I would’ve liked. Turnover margin was even. We did have one ball on the ground. [T Josh] Conerly [Jr.] recovered a fumble but we definitely gotta clean that up. So, those are some of the things I discussed with the guys today. Glad to open it up to you guys and get rolling.”

On the injury updates for LB Frankie Luvu, TE Chig Okonkwo, LB Jordan Magee and S Tyler Owens:

“So, the four of them, Frankie had a groin and Chig and Jordan both had hamstrings and Tyler had an ankle. I’ll have a better update Wednesday as to where they’re at. Soft tissue ones, we’ll need a day or two more with that. And then Tyler, if he can see how quickly he can turn around with his ankle. So, I’ll have a better update for you, like who would be available for the game once I can see who can get into some practice work. I’ll give you an update on that Wednesday, but those were the four to discuss.”

On Tyler Owens’ viral punt coverage play:

“I didn’t see the start of it on the field. Might have caught like the corner where he beat the vice to go down the field, but I did see the tackle. And he had actually made a play earlier on punt as well where he had a tackle in a similar spot where he had beat a vice and went all the way inside. So that’s the mark of a good gunner when they’re trying to vice you. So it was one of the proudest plays of me of him though. He’s a guy who’s speed and strain is always there, but to see that one come together, it was just awesome. And it was so him, like, ‘Oh, thanks, man. That’s what I do.’ You know, like it was like no big deal. And you’re like, ‘Man, this is a really big deal.’ It was a really

cool play and I got to see it probably like everybody else did from the network feed afterwards. And it was one of my favorite plays in a long time on special teams for sure.”

On if there’s any concern with allowing explosive plays and making sure they team is finishing plays:

“Yeah, exactly. And I thought there's some lessons, hopefully, it's like don't touch the stove, you know. Like we thought there was a foul for a false start and it wasn't. And then you finish it out, you finish the play. And so that was one example. There was a long quarterback scramble where we had two pass rushers that were on the ground into that space. So, finishing plays, there was one long one, wouldn't end up in a touchdown, but it was an explosive to [CB] Mike [Sainristil]’s side. And so those are three that stand out, man, just having the readiness because I loved the attitude, the mindset, but to have, like there is no plays off that, ‘Okay, except for this one.’ So, always in that finishing stature and mindset. And I think that was the big lesson for me. You gotta point those out because you don't get to play the except for game.”

On developing guys who fit specific roles like Owens on special teams:

“Yeah. And [Special Teams Coordinator] Larry [Izzo]’s right in the front of that, as well, because with TO, we recognize here was this really long and fast guy. And quite honestly, most of the guys haven't been great special teams players in college. They've been playing more of their time offensively or defensively. But there are traits that show up on tape, and it's just somebody that you see, these refusing to stay blocked type of players or the receiver that's just breaking tackles and finishing downfield. He might not be the fastest player of that, but he's kind of just demonstrating like a willingness to go finish. I think that's where it starts. On special teams, kickoff, return, punt return, speed is no question. It's a huge element to that. So that's why so many of the best special teams players can absolutely fly. And TO is one of those. But that's not so different from [S] Jeremy [Reaves] who's inside, has been a PP and made space that way, and [LB Nick] Bellore and others that we've talked about. But to see the finish and just knowing that there's gonna be a hard down. I'm gonna fight my way through it anyway and not be deterred by that. I think that's the secret, the secret sauce in finding those guys.”

On the game film of WR Terry McLaurin and trying to get him the ball:

“Yes. It's not so unique. So, you'll hear like somebody trying to take somebody away. If you don't play a lot of man-to-man, it's usually a corner that clouds to that person. You try to move somebody around. The best defenses, like Philadelphia, can move that around if you're outside, inside. It does create moments and opportunities if you're gonna be extra strong in one area where other ops are available. It doesn't mean that you can't still win and still beat him, and we certainly have ways to go do that. But it was certainly, that was part of their game plan, was to say, ‘Hey, this is the person that we wanna prevent from the deep balls down the field.’ And that kinda leans into some of the other players.”

On what happened on the touchdowns by Eagles TE Dallas Goedert:

“Yep. I'll give you both of them. On the play, it was a version of cover two, so on that particular play, they had four verticals, and anytime you play two-man, your pass rush has to be on point because the outside guys are getting rerouted. And we were just talking a moment ago, like how do you help on the outside guys where there's a safety over the top and you're vulnerable down to the seam. So, I'd say in that down in distance, you'd like to see us align differently, where we could, you know, maneuver our guys into the right locations to go. I'll definitely give credit to them on that space. But

on that particular one, it's definitely one that we can adjust how we would play it as well. But that's what happened on it, where you're vulnerable down the seams, and that's where they hit."

On what stood out from the play where Styles got a sack:

"Yeah, I think you guys have been hearing me talk. I've been definitely laying some breadcrumbs. I don't know if you're following him or not [laughs] but he, I had said all along I was excited to show his blitz ability. And he didn't do a ton of it his previous year playing at Ohio State, but he definitely could run and hit, so we knew that was going to be part of his game. Part of being a blitzer is, like using your physicality on the block, and then the next time they changed it up where you have to go about it differently. But I liked not just in the pass game, but he also had a good TFL to wrap up on. So, in that game, you saw him covering kicks, you saw him being our green dot when [LB] Frankie [Luvu] left and making some big plays. I thought that's a sign of a mature young player who impacted the game in some different ways. And so, when ready for that moment, I thought he really delivered. As first games go, to have a sack in your first one or, you know, a big play here and there, I think that's a sign of things to come for him. He really is into his preparation to make sure he's detailed and on it. But at the end of it, like I said, one of the things I liked about the defense was just their overall physicality, and Sonny was very much a part of that."

On what contributes to winning time moments:

"I think there's definitely an element of clutch performers, right? And who wants the ball in that space? Who wants to be the pass rusher to go finish the game? So, there's definitely that trait that you were looking for from those guys. For me, from the coach, what I try to do is create as many of those as I can to put them into those spots so when they feel like it would be a big moment like, this is when we elevate, this is what we've been practicing for, this is what we've been hitting on. It's not so much like this is the only play that we do or this is. So, there's a number of them based on the game, but it is players that you wanna think about. So, in our instance offensively, [QB] Jayden [Daniels], you saw the scramble on, I think it was third-and-15 to gain 14, those are clutch plays to give yourself the chance for the next one. We had fourth down-and-one and we went for it. I thought honestly [WR] Antonio [Williams] made a great catch on the touchdown to put it into that spot. And then when you don't convert on the two-point, that's a big one, but I felt like all three of the phases had our chance to be clutch and to win the game. We left some points on teams. We had some big plays defensively, so those are the ones, like, why they sting today. But I would say it starts with an attitude, for sure."

On K Drew Stevens' game performance and the missed extra point:

"Yeah, I thought to nail it, I think it must've been a 54-yarder to start it off. I think you guys can see just everything that I've seen. Like, man, he's got a strong leg even on the miss, he hit it deep to go. It didn't feel like a low kick on the blocked extra point. I felt like the D-tackles did get some push on the interior side. I would imagine at some level, the snap would factor when it's high, but [P] Tress [Way] is pretty remarkable in that space. I think it probably had to do more with their push and being able to elevate them with the snap, but I have a lot of confidence in him for a reason, and even if after we had the penalty, it's like, gotta go kick a 38-yard extra point, but I had a sense he would go drill it."

On the offensive line's performance and C/G Nick Allegretti:

"So, I liked how we had some good zone plays early in the game, especially the first run. So, we thought that would be one that we would need to when a team plays, some two-high safety defense, you have to be able to challenge them to say, 'Can we get some run game going in that

space?' The front and the linebackers, like I said, kind of the corner, that's the strength of their group. Especially the interior of their front. I thought all three of the big guys were active and involved and had their chances to make some plays. So, I thought overall in the run game, I thought maybe we left a little bit of meat on the bone on some of the plays. I thought [TE John] Bates did a nice job getting out of the edge on the blocking in that space. I thought [RB] Bill [Jacory Croskey-Merritt] and the running backs were decisive with their cuts. As far as Nick goes, I would say there's times that it looked good. There's times that I'd like to have some plays again, but at the end of it, it was like good, hard division battle like I thought it would be."

On how to build an identity for special teams:

"I think quite a bit. And the reason I kind of refer to them as our flagship. They are starting the game for us. And so, we love when we put the ball in play on kickoff where we're the ones that can go try to pin them inside the 25, 26-yard line that's not touching it back, that's field position, that's winning. There's an energy that gets created when the defense can do that. I mean, excuse me, when the special teams can do that, the kickoff team specifically, and now bring the team back on the field with that kind of energy. And then the return side, you know? I think [WR] Jaylin [Lane] had a 15 or 16-yard punt return. He is one of those players that when he catches it, there's a moment, and you're ready for those. So, the big four for us is what we refer to so often as 'the flagship'. And to see those guys create opportunities, create moments, and I love it that the NFL has added kickoff and kickoff return back into it. And you see so many guys straining for it. There's a lot of players that, like, make their living playing on special teams. I'm not talking about just a snapper, a kicker and a punter. I'm talking about the way that you cover kicks and seeing those guys get their moments and chances to make the impact on the game, I think it's a really cool addition that we've done over the last couple years. All right, we're tight on time.

On if he would have done something different during the two-point conversion:

"Yeah, you wanna be specific when you're going through a gameplan to get it all organized and going. I thought it was a good play. It was one that we had practiced and I thought their player also made a good play spinning out of the block with Nick to kinda stuff the play to go. But with a well-executed play, I think we got, really got a great chance to go execute the two-point play, which is gonna lead to overtime and and others. But it's an effective two-point play. It's an effective low red zone play. So, I don't wanna just base it purely on the outcome. The execution is definitely a part of that and also give credit to Philadelphia. Their defensive tackle, they certainly made a good play."

On if he is feeling encouraged going into the game against the Dallas Cowboys even with a loss:

"I expected us to play really hard and I thought that was there. What I wanna see is our ceiling will have everything to do with our execution, our details to get that part right. I'm certain we have the right men to do that. That's usually how it goes through the first couple weeks of getting the details, the execution down. It felt like a defensive field position kinda game to get things started, which for both offenses and I love the toughness that our team showed. But yeah, we got plenty to work on and improve upon. I'm certain we'll get that done."

On CB Mike Sainristil:

"The touchdown play definitely felt like as the motion got over, man, like, you have to go get set. And those are things that we have to get corrected. We've definitely identified a few things that, 'Hey, man, these are the things that we have to get corrected.' Mike's a very good competitor. I'm certain that we will, but to have that type of play and just not have the right focus at the right time,

completely not acceptable. On the second play, the deep pass play, I think you're referring to kinda the same thing as you lost track of the ball, like, 'Finish it out, man.' And so, I think that's the lesson in the game. It wasn't schematically related to him or something that. Communication error or some normal things that go into a big play to go. So, that's definitely the things we've identified with him, and I'm certain that he'll work on that. We definitely need to."