

August 25, 2026

Head Coach Dan Quinn

Opening Statement:

“All right. I'll hit you as we're kind of wrapping up some of the things here for this block. Good red zone emphasis for us as we're hitting today. Then we'll head to Baltimore. As coaches we love joint practices. And as much as preseason games, in fact. There's incredible evaluations, matchups that you get to see, new schemes to go against. So, having our team together for a few days is definitely an added bonus for that as well. We'll head on the road this afternoon and get rolling for the next few days.”

On if there is any concerns for guys like OLB Odafe Oweh and CB Trey Amos being ready for the regular season:

“I'd say I'll have a better answer for that into next week as we get ready for those practices. We're fortunate that we have that space in between. They're both working hard and making progress, but I don't know if I'd have a number to gauge it just yet. That would be kind of my time that I'll have a better sense.”

On if some positions are more challenging than others to decide how to evaluate:

“Yeah, I think so. When you have two big evaluations in a week, that's also nice, because there's kind of some that will play a majority in the practice and some that will play in the majority of the game. So, it's almost like two different neighborhoods to go. But yeah, there are definitely spots and some of them aren't starting spots, but the last at this position, this position, this position, who would also be part of the 70-man roster when you have a deep group at some spots. The injuries play into that some because of, example, like [T] Laremy [Tunsil] and [DT] Johnny [Newton] who are in the longer variety. The guys that we're talking about now, they're going to be back, you know? So that definitely factors in when those types of ones happen. It's an important week for us and I don't love Sunday, but I love tomorrow. I love Friday. Sunday's hard, about what that means and represents. But the lead up to that is a lot of fun.”

On evaluating new play callers and getting the right groupings:

“Yeah, I tried to do that more in this camp than I ever had prior. Just for that same purpose, for the play caller, for the assistants, for the groupings, so they don't know what's happening. There's been a number of practices today included that I and the equipment managers have just the down and distances, so I know what's coming next and they're ready. But the coaches on the sideline don't. I want it to be, in that part of the stress, to be as much game-like as I can. It's not the same, but it helps. [For] the practice, we have some down-and-distances pre-scripted, so that can go a little bit more smoothly, with the exception of call-its. The games help a lot because you just get into weird scenarios, now it's some of the game management. It's like, both of the halves, two minute-wise, I liked how we were using the clock. We didn't convert in this game, but in the previous game we did. So those are ones that are the hardest to simulate in a practice, not just a shot clock, but the game clock to work down. I liked having those. They've both done a really good job of talking through the

staff, being prepared, going through it. I like the progression that they have. Good plays, bad plays. As a play caller in the NFL, you're gonna get punched in the face. It's part of calling plays in the NFL, and so having that, 'Oh, I wish I had that one back.' I want them to experience that and have that emotion and not be the angry play caller on the next play. Well like, 'Now I'm just gonna do this or do that.' Having the discipline to stay within what you're looking to do. What you don't do and you get in the preseason is specific matchups that you would get to. That's not something that we generally do during this time of year. I want to put to him, you can design it, you can practice on a certain play, but it's not quite the same, if that makes sense. Or an end game, this guy's down. Who are we going after? Who do we have to take care of?"

On if a certain player has surprised or stood out to him throughout camp:

"I don't know if surprise is the right word, but I've really felt an energy from [S] Quan Martin. From practice, from the games, from the way he's played on special teams. I've just felt an intensity and an urgency about him. I don't know if surprised or if that's the right answer for that specific question, but he's one that jumps out to me that's, man, he's throwing a really good camp and I feel it. I feel it in play and confidence and moving forward. And the way he's gone about it has been impressive to me. Just putting his head down and getting to work."

On going into a joint practice with the team having a lot of injuries right now:

"I think you just want to make sure that you're not overloading it to that spot. Most teams are going through the training camp process of guys being out. Had it been a regular season game, I would say a number of these players say, they're gonna go and do it. But I think when you're in this space, the smart play is to think of all the games that you're going to be playing. [Sr. Director of Player Health & Performance] Geoff Kaplan and their team does a good job of that. More than anything, just communicating with one another and where we're at to go. But it's very valuable, the experience of it."

On if injured guys are evaluated differently when looking at position battles:

"No. At some point, everybody's going through that. It is training camp. They're sore, they're hurt, tired. If they were at risk, then we wouldn't put them out there in this space. So, everybody's dealing with the sore, the tired, all of those. The ones that can play and doing it right, they do it. There are ones that we have to keep a closer eye on, so an injury doesn't get worse. On the medical team, I trust that."

On the specifics of RB Jacory Croskey Merritt's injury:

"Lower body. He's doing well. He's working over to the side. You may see him some today, but it happened on, I think the day before we left for the game."

On the run game difference between the first and second preseason game:

"I really was hoping to lean into that to see that. I didn't see us just quite on time. There were times you see, you know, one time in this part of the line getting off the ball, the tight ends were late. Downfield not finishing in all the spaces. So, it wasn't just a running back or one person here. There were plenty of times I thought, 'All right, nine are right. These two are wrong. 10 are right, this one's wrong.' It just didn't feel as connected as I hoped I'd see in the run game. [We] had one that was an outside toss play early at the two-minute at the end of the half, a tackle for a loss. Those were things that we know we can get [RB] Robert [Henry Jr.] or a player out on the edge. And to have that happen, that was disappointing."

On how LB Sonny Styles played in the first two preseason games:

"I liked how square he plays at linebacker. When you're an in the box player at linebacker and we haven't blitzed him a lot downhill, you wanna see somebody who can play square, take on blocks. He did a nice job of using his hands. That's been an emphasis for us going into it. He's got command at the line of scrimmage in a call, out of a call. So, those are the things that I saw in the limited space in the games. You guys have seen a lot more. I think what I've seen at practice, you feel speed and play making ability to get to spots. That's difficult to get to, but you'd say he could play man-to-man because of the speed, but I'd also say, The zone parts of his game are gonna be exceptional because he has quickness as well as speed. Sometimes you might see a person who's fast, but they have to build up to it, where he's got initial quickness to get to a certain location and that's a big deal."

On how in-shape the team has remained throughout camp:

"Probably the best examples are when I do some of the longest periods, the longest drives. That's when I can really gauge the conditioning because as much as the training and the running, when they get into the football specific padded, long drives, long series, I'll walk over to the huddle, I'll see where they're at. To see them just kind of looking at me, ready for the next play, ready for the next moment, that was a good sign for me, knowing where they're at. There's been very few times where somebody was, 'Hey, I need to come out. I'm over the limit. I'm in that spot where I can't go and play.' To see those guys battle through that, that was a good sign for me of knowing that they were able to handle the hard moments as I ramped up the training camp. Last week was kind of the peak of that. Putting them into the tough spots, I knew that was gonna be the case. It was leading up into this past week, and then it'll start into this week, kinda staying there. And then we'll taper it off. But I wanna put their feet to the fire and find out where they were, and they passed that."

On if TE Ben Sinnott will be back this week:

"For this week, he won't be. He injured his oblique in the game, and so, he's kind of in the return to football phase. As he's going there, we haven't ruled him out for the game, but unlikely based on not going today and not going tomorrow."

On how important special teams is when making tough decisions on who makes the roster:

"It's critical, for sure because you want to make sure you're thinking about who has a role on the 48, who has a role, and if you don't, that definitely plays a factor in what their development would look like. You do try to think in those ways as well, and you want to think in the bigger picture, not one game or one week, what their role would be. [Special Teams Coordinator] Larry [Izzo] has a good evaluation process to go through practices and drills and games to see who can add what. Sometimes you may even see that in the preseason game, 'I didn't see him there in practice,' and you see him there in the game. That's all part of finding out who could add value offensively, defensively, and then on the covering side."