

August 12, 2026

Head Coach Dan Quinn

Opening Statement:

“Awesome man. Good to see you guys. One man, it's great to have [Miami Dolphins Head] Coach [Jeff] Hafley, the Dolphins here. We're gonna throw a great practice together. So, I'd give you some updates as you guys are watching practice on what we'll call field one, the one that's closest to us, that'll be our offense and Miami's D. On the one directly opposite of that will be our defense. And so, you can kinda know where you're at. The special teams periods will be together on this field and we'll do our two-minute at the end of the game, at the end of practice. We'll simulate that so you guys know where you're at. I know you guys might have some questions about who's playing Friday and may not. We're just gonna keep the focus on today on the practice. [Vice President of Football Communications] Sean [DeBarbieri] and the team will hit you guys up pregame, full list, so we can communicate with that, with you guys on Friday. We're pumped. Just met with the NFL officials who are here and the Dolphins, so we're ready to get rocking. So, let's start with you.”

On getting the most out of the joint practice:

“Yeah, I think you wanna first rely on just your rules, your normal plays that you wanna get to. So, the best way that we try to feature is get a little bit of everything. So, you're gonna see a seven-on-seven in the red zone, so you'll see some concepts there. Then you'll see a move the ball in the red zone. There'll be a third down period as an emphasis. There'll be, like just calling it plays, like back and forth for a six play drive. And then we'll do a two-minute. So, trying, in my vision of it I wanted to get a little bit of everything against competition. There'll be some one-on-ones at the very start of practice. Then some seven-on-seven in the red zone, team red zone, a third down period, a team period, and a two-minute. So, they're not long periods. You're gonna see things move quickly, you know, 10 plays, 12 plays in the sets. But, if you can get as many of the scenarios and situations as you can, I think for the players, that's a big deal.”

On if there was a certain position group that he was looking out for heading into the joint practice:

“Not yet. There's a lot that I feel the competition. I feel it at running back. I feel it at receiver. I feel it at a number of spaces. But I didn't correlate that into today. But more than anything, like, man I just wanna see guys playing, getting a good practice. They're excited. There should be good energy on both sides today. Anytime you get to have some comp that you don't know, new person, like, man, bring it on. So that part's good. We're all on the same page about how we wanna get things done. We'll throw a good one today and then we'll gear it up again.”

On the importance of he and Hafley working to have a clean practice:

“Yeah. And that's one of the reasons why when you pick some teams, you want guys who are gonna do it right. And we certainly know that's the case with them. So, we're on the same page just to make sure, man, we wanna practice as hard as we can, take care of one another. Like, this is also part of the NFL brotherhood of, like, ‘Hey man, this is how we wanna do it.’ And it's a good time.

Test your skills. Where am I at? But we both use the same practice guidelines of how we do things, so it shouldn't be too unfamiliar for either side.”

On the immediate evaluation after a joint practice versus a preseason game:

“The biggest part in the preseason game that I'm usually looking for, and it's the hardest, earliest, tackling, breaking tackles. Who can into those spaces right now, would the running back really make it through there? Is that a sack? Is it not? And so, to see those things, that's there. So, the joint practice, it's heightened, but more than anything, it's new matchups, new speed. Okay, ‘Who am I guarding? How's that playing?’ Sometimes in a practice like this, let's play a little more man-to-man on some third downs, find out, test some people. So, some of it, the call can be the evaluation. Others in the game, it's been usually keep it simple, where are our fundamentals at, what needs to be addressed?”

On his message to the team heading into the joint practice:

“Yeah, I'm hoping that you see much of the same that you've seen here. But we've had good, competitive, tough practices. These guys are battling against one another, so those are the guidelines I'm looking for going against them. It's not the games. We're not taking somebody to the ground or getting contact with somebody when they can't see us. So, it'll be pretty similar, same guidelines, and Coach Hafley and their team use the same set of circumstances. So, it won't be different in that sense, but there's definitely an energy to get going. Like, just new prove it, new competitions, it's a lot of fun.”

On if the joint practice can affect who plays in the preseason game:

“The practice today definitely does. Not necessarily like, ‘Okay, he has it down, he's good to go.’ Some of it just, we wanna push some guys a little bit further today and see where that goes into the practice. And we'll have a different strategy for each of the preseason games. So having the joint here definitely helps.”

On what he told his coordinators about today's practice:

“Yeah, I think with the NFL referees here, I really wanted to make an emphasis on our substitutions, pre-snap, alignments. And so, the fall starts, like, the ones that have the discipline part of the penalties, can we get that? And I asked the referees, ‘I want you to call it as tight as you can.’ And then what's good in this circumstance, this is why I threw the flag, you left your hand up here, that's why I called illegal hands to the face, or your hand was outside the framework on a holding call. So, I wanted it to be tight. And so, in this practice, I wanna see where we're at from a penalty standpoint. Pre-snap [penalties], obviously, I want them gone, but I wanted it detailed to call it. And on the post-snap ones, teach from those. And so, substitutions, but those are some things that I wanna see as you're getting, like, not a dress rehearsal for the game, but it's as close as we can get to that to be due to the referees being here, which I think is a huge advantage.”

On the complication of playcalling during a joint practice:

“Yeah, it'll be less for sure. And that's by design. Let's get some concepts that we wanna run a few times over and over again. So defensively, they play some different concepts than we do. So, for our offense, they've seen, ‘Okay, against our defense, this coverage’, so seeing some new looks against some plays, but it's not an elaborate amount of plays. When we do a preseason game and a practice, we don't do any game planning. So, all plays have some rules that you would go to to say, ‘Hey, this call, this would be a check’, or, ‘This is what we would do in this scenario.’ But it's not at all matchup oriented or play oriented. It's just, ‘Hey, man, let's call some plays and get moving with

the guys.' And basically, it's for them to get their skills. Where are they at? How's the communication? So, it's less from a coaching standpoint. Preseason games are pretty vanilla, you know, to call as play callers, but it's a really important one for the players, especially the ones who haven't been here and what are we looking for from them?"

On QB Jayden Daniels' first preseason game against the Jets and on how their relationship has grown:

"Man, that's a cool question. It's definitely in moments like that, you learn, like, okay, the competitor here that he took to some things and said, 'No, no, this is gonna be a play that can be effective here.' I think we learned some, we named him a starter during that preseason. And it was probably in the early games, maybe game two that it fully came into a two minute to go down the field to win a game where you could tell in big moments, like, this is a guy that loves that and lives in that. You don't necessarily feel that in a preseason game or even in a training camp. But since that time, we've grown a lot, obviously, going through what we think is an excellent year and which is a really bad year for a lot of circumstances. So, there's a lot of resilience with him. But for sure, that's what you'd like to see in a coach and a quarterback growing together. And so, he and I certainly have."

On how much he is looking at the Miami Dolphins roster that may become available in the coming weeks after roster cutdown:

"Yeah, I think that's an important thing to hit on. Like, sometimes you can think it's just the competition within the team. And when we're talking about a 53 or the 70-man roster, but that's not the case, you know? Whether it's a joint practice like this or the preseason game, those evaluations go around. And so, it's a big deal. Yeah, it's a good point. [And I'll end by saying] we're pumped to have you guys here. I don't know what's the last time we've had a joint practice here, but I'm excited to throw one with them and get the whole day started. We should have great energy with everybody here. So, a bunch of alumni are here, which I'm looking forward to spending some time with them afterwards, and let's go through a great day."