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C Matt Gulbin

On what he brings to Washington:

“I think I bring a tenacity. I'm going to do my best to try to elevate the offensive line room and do whatever I can to get the Commanders winning and winning Super Bowls.”

On where he feels most comfortable:

“Yeah, I mean, I feel comfortable in all three interior positions. Left guard, center, right guard. I think I've been able to succeed at all three of those spots because of my football knowledge and how I go about my preparation. And my overall understanding of my job and what I need to get done.”

On playing for multiple schools:

“Yeah, so I mean, I've had two amazing coaches and two amazing o-line coaches. [Michigan State Offensive Line] Coach Nick Tabacca and [Former Michigan State Offensive Line] Coach Jim Michalczyk, they've really shaped me into the man I am today and also the football player I am today. So, I've been blessed to have two really great men coaching me and I'm excited to continue at the next level.”

On potentially starting for Washington:

“It's cool. It's very humbling but I'm not really focused on that. I'm focused on getting to work and doing whatever I can to be my best version of myself and do whatever I can to help the Commanders win.”

On Washington's interest in him:

“I had a Zoom meeting with Coach Stape [Offensive Line Coach Darnell Stapleton] a while back and I felt like I did a good job on that but I really liked Coach Stape. I liked the whole offensive people that were on that Zoom. I knew that they knew about me, but I'm super excited that they believed in me and picked me.”

On how he's grown the most:

“I think, like I said, I've been asked to do some hard stuff, play all free interior positions and I'm proud of myself that I was able to do that. But I think just my overall football IQ and understanding of how the game works has grown a lot since I came in as a midyear freshman in 2021. So, I think that's the biggest thing, just being a student of the game and learning.”