



INJURY REPORT

Washington Commanders at Dallas Cowboys – Week 2
Friday, September 18, 2026



WASHINGTON COMMANDERS

PLAYER	INJURY	WEDNESDAY PARTICIPATION	THURSDAY PARTICIPATION	FRIDAY PARTICIPATION	GAME STATUS
LB - Frankie Luvu	Groin	DNP	DNP	DNP	Out
TE - Chig Okonkwo	Hamstring	DNP	DNP	DNP	Out
DT - Javon Kinlaw	Back	-	DNP	Limited	Questionable
OLB - Dorance Armstrong	Knee	Limited	Limited	Limited	-
OLB - K'Lavon Chaisson	Knee	Limited	Limited	Limited	-
WR - Jaylin Lane	Groin	Limited	Limited	Limited	-
DE - Charles Omenihu	Ankle	Limited	Limited	Limited	-
OLB - Odafe Oweh	Calf	Limited	Limited	Limited	-
RB - Kaytron Allen	Ankle/Knee	Full	Full	Full	-
S - Tyler Owens	Ankle	Full	Full	Full	-
G - Chris Paul	Ankle	Full	Full	Full	-
DT - Daron Payne	Knee	Limited	Full	Full	-



DALLAS COWBOYS

PLAYER	INJURY	WEDNESDAY PARTICIPATION	THURSDAY PARTICIPATION	FRIDAY PARTICIPATION	GAME STATUS
S - Malik Hooker	Forearm	DNP	DNP	DNP	Out
LB - DeMarvion Overshown	Hamstring	DNP	DNP	DNP	Out
T - Cornelius Ajani	Knee	Full	Full	Full	-
OLB - James Houston	Shoulder	Limited	Full	Full	-

Bold indicates change in status

Did Not Participate (DNP): Did not participate in practice

Limited Participation (LP): Less than 100% of a player's normal reps

Full Participation (FP): 100% of a player's normal reps

Out: Will not play

NIR: Not Injury Related

Doubtful: Unlikely to play

Questionable: Uncertain if player will play

**** REMINDER:** The prior Practice Report designation "Out" has been eliminated to avoid confusion between information provided in the club's Practice Report and Game