

December 8, 2025

Head Coach Dan Quinn

Opening Statement:

“Get rolling with everybody. I thought, normally on a Monday I'd start off by, talking about the frustrations of yesterday and they ‘Tell the Truth Monday’ and what goes with that. And we'll definitely talk about both, but I thought probably important to start off and talk about [TE] Zach [Ertz] and it's been a frustrating season with way too many injury updates. But another will be Zach will be out for the season, so torn ACL for him and tough news with a significant knee injury. He has meant a lot to our team, both on and off the field. He's been an ideal teammate to help set a standard and about habits and so, we're all bummed for him. I think you probably saw that just yesterday and everybody kind of gathered around him, but I wanted to update you with that as we get started. So glad to get rolling with you guys now.”

On Ertz's value to the team:

“Yeah, I thought yeah, I just had a quick conversation with him today because I hadn't coached him before, so, you know, you don't know somebody and he was actually the first person, you know, that [General Manager] Adam [Peters] signed here and so he has brought a lot and I think like the habits that's what stuck out to me more than anything of doing the extra, not getting bored with the details, whether it was getting the jugs, footwork, the technique part of it. So, there was a reason why this type of success took place. It was over and over of doing the things and not getting bored doing them. So those are the type of elite habits when you're putting a program together, you're like, ‘okay, that's what it looks like and I want to point that out whenever I can’. So, it's been significant for us for sure, the production on the field. You know, obviously having that, you know, a tight end available. We knew a rookie QB was going to be coming in here to be a factor, and so, he was an impact and more.”

On QB Jayden Daniels:

“So, yeah, he did kind of land directly, you know, on his elbow. It's sore and the doctors evaluated him today. The good news for that, there's no long-term concerns, but we'll continue to monitor and you know, kind to take everything into account as the week goes. I don't have an update for you yet regarding playing it's sore today, but the good news is no long term, but I don't have an update as far as the game yet.”

On Daniels game performance:

“You know, what it was good to see. I wanted to find out about a few of the lessons you know, that he had his homework assignment of, you know, using his superpower, but also protecting the team. And so, you know, the mindfulness to do that I thought was in the right spot. I loved the, you know, two weeks of practice he had leading up into that. So, not a full body of work, but there was definitely some things that were moving in the right direction, in my opinion, on that front that I was looking for specifically.”

On making sure Daniels gets reps without being put at risk:

“Yeah, that's the balance and kind of the one thing you don't want to have happen, like land directly on it. And so, you could help on protections and you know, some things on running and sliding on play like that, you don't get to do that. So, you're right, you're trying to find the balance of what do those reps look like, you know, how are the lessons being applied and then making sure you're doing it as calling it

competitively to go win it, but also, you know, with protecting the team in mind. So, it's both.”

On emotional hangover from the game against the Denver Broncos affecting the game against the Minnesota Vikings:

“Yeah, I think you want to look at everything. You know and I was trying to put my finger on it last night and today just coming out not with the same energy intensity, finishing ability like a defensively a, you know, run that would go for two went for five, you know, those are ones that I wanted to see that type of physicality to see that part to go. And so, when it's not there, man, it's easy to notice that play style. And so even if that's the case, that's our, that's our job, that's the gig to get back up and get into that space again. And so, for us not to hit that, you can certainly understand how the meeting went today, knowing like how frustrated we are with that standard with ourself, and it's either it is or it's not. And we missed it by a lot. So, I thought maybe in the last week, you know, or two games, you know, a step or two forward. But this one, we certainly stepped backwards. I'd agree with that as the emotional part goes it felt that way. I can't put my marker on that to say that that was it, but it definitely felt something like that.”

On what led to no turnovers against the Vikings:

“I certainly won't put it on luck. I know some people say that turnovers come in bunches and those things like, no, you got to go create them. That's how they happened. So, I think it's more the skill of that tom, of taking advantage there. There was a few chances for us to go get it and when you don't get them, you know, you want to keep digging into why and how you go create them. So, we've been playing more zone recently. Sometimes you'll get a few more in a zone than you would in pure man to man because your eyes and your vision are to the QB. So, it's something that will continue to work at for sure. But it's hard when you're in the minus, you know, to get the wins and you've got to create takeaways to get into that space. So we'll continue to hit it, but, yeah, I'm not pleased with that, that part of our football at all.”

On the lack of competitiveness in losses:

“Agreed. Man, do I agree the, yeah, that had to be like highly frustrating to, to miss the mark by so much. When you're in a competitive game, you're down for the fight and you're in it all the way to the end, you know, you feel into that space. So not finding that rhythm together and not forcing someone else to get out of theirs is a big part of that. Sometimes you feel, okay, it's tighter and the margins get even smaller and you can feel yourself not making the plays that you need to go make. But it's a big topic for me. It's one that I'm digging in hard on, obviously to find why, to make sure that like, you know, that's our cause together man to make sure like that we are never in the situation again.”

On reviewing how this team was constructed:

“Sure, yeah, we have discussions about the roster and the team a lot. But yeah, it's not something that you, even though it's like you said, the four games left and it's a competitive one and that space with all being in the division, which I think is a good way to go, but no, definitely something that we talk about, we communicate about when the results are what they are, it's worth digging under every rock to find the right balance, the right attitude. And so, yes we've had those discussions for sure.”

On his timeline for evaluating coaching staff and personnel:

“Yeah, it's definitely underway, I can tell you that because we want to make sure that we're finding, we're evaluating, we're digging in to see those things. And already you can see how do we feature players, how would we do things the same, how would we do things differently? So, it's something that he [General Manager Adam Peters] and I talk a lot about at great length, like you said, staff wise, player wise. So, it's not something that we're waiting till postseason to begin that, that for sure is fully underway. And also a performance like yesterday, man, that sets you back, that stings, that's one that you want to get back to things right away because we missed it by a mile.”

On his messaging to the team after yesterday's game:

“Yeah, talking to the team, I just mainly said, that all of us, everybody in this room, the effort of what has to take place has to be proportionate to what we need to do because this brotherhood can never be in this position again. And so, that's every person for these four weeks. Finding that edge, finding that spark, finding what needs to get done so we never find our way into this space again. Watching January and February, football sucks, we're the ones that did that. And we've got to make sure that we do everything in our power individually by the unit to make sure that these four weeks matter and it's important and we got to go find those edges.”

On reassuring the fans that this season won't carry over into next season:

“Yeah, well I couldn't agree more with them and we feel exactly the same, how upset we are. And so, it's so important. We know what this organization means to the fan base and so for us to have a performance like that and to have results like we've had, nobody is happy. And so, we want to hit to those standards that we want to get to. And that's why over these four weeks there's a lot to gain, man. And we're going to dig in hard to find the right spots, the right people, the right places and we're going to work our ass off to do that, you can count on that.”

On the feeling of being eliminated from playoff contention with four games left:

“Yeah, once you get to having to watch, January, February football, that sucks. And so, you want to make sure that you're doing everything you can in your power to set us up to never be in this spot again. And with these four games against the division, they all matter, man. And so, here it is first one right against, at New York and so going into that space, four division games, you also get to play them twice a year. And although we might not be playing, like I said, in the postseason, January, February, it matters, man, to make sure we always know how we get down. And so, it's been frustrating, it's been emotional, it's been all of those things, but we have to get that that part handled.”

On if his preparation and play calling will change over the last four games:

“Yeah, I think the game planning, that's a fair question to make sure, are we featuring the players in the right spots to make sure we can go do that? So, yes, the first part of yours on the game planning. As far as like the execution of it, that's what we have to make sure, are we delivering on that? So, whatever ways we go to find that, I'm up for it. And more of something less of another, that's all part of the game plan moving forward in these four games. But it starts, honestly, into this week in terms of the players, our execution of that. Usually as a coach you have an idea, ‘Okay, that practice week didn't go well,’ when there's a bad performance that follows that. By having good practices preceding a terrible loss, I was not ready for us to have that type of performance. I really wasn't. But we'll continue to look to dig, like you said, game plan, any of the practice routines, that's our charge, man. These four weeks, whatever we gotta do to get that part exactly like we want, that's really important.”

On a grade for Daniels' performance this season:

“Yeah, it'd be hard to just because really there was just the one game before some of the personnel around them change, maybe that's probably a better way to go about it. So, without a lot of banked reps together, I would say that would affect all of us, but I think that'd be better in a month's time I'll have a better assessment for you for an entire season. I think it's too early for me to call where I'm at on that. But I would say collectively and our whole team, it was not quarterback, everything was mission failure yesterday, not specific to one position. It was not good enough, not acceptable in any way, shape or form.”