

December 5, 2025

QB Jayden Daniels

On being able to play again:

“It feels good. It's been a long process of dealing with something significant, but, had time to sit back and reflect and, you know, focus my energy otherwise, and I was being a great teammate.”

On when he felt ready to come back:

“This week.”

On what gave him the confidence to return:

“I mean, range of motion, other little things and psychologically, you know, I had that itch. I had that itch ever since I got hurt. But I had that itch to get back there on the field. And just strength and everything. I felt confident that I could be myself out there.”

On the pain level of the injury:

“It was hurting that like the first two days, but the week after it wasn't, it wasn't really hurting as much.”

On the season overall:

“It's been a lot of adversity but, you know, I'm young in my career and you know, something that I got to battle through and you know, you go through adversity at some point, so however you approach it and try to weather the storm and come out and see the light at the end of the tunnel.”

On what he wants to get out of the rest of the season:

“I'm just trying to go out there and play football. There are no expectations. Do whatever it takes to be the best version of myself and ultimately help my team try to win some football games.”

On the possibility to gain momentum for next year:

“I mean I think every season is different. So, you can't really use it as, you can use it as momentum, but every season different. A lot of things happen. So, you really just trying to go out there and finish the season strong. You know, I'm healthy enough to go out there and play and who am I to go out there and not tell my teammates I don't want to play? Because that's something that is out of my control. So I'm going to go out there and give my all and obviously be smart, but at the end of the day, I'm really focused on these last couple games and, you know, see where the tables turn.”

On if the injury has changed his approach to scrambling moving forward:

“You take your chances, you know, when it's needed different quarter, whatever quarter is, and stuff like that. And you know, had a conversation with [Head Coach] DQ [Dan Quinn] and them and just how do I protect how myself and also protect the team. So, you just knowing, coach told me,

[Former New York Jets Head Coach] Herm Edwards, just knowing the journey's over. So, kind of put it in that perspective.”

On what he’s learned about himself:

“The passion I have for this game is what I learned more. You know, what's something that's taken away from you, you kind of take it for granted. So, at that moment that's, that's kind of what was wrong through my mind. And I really want to go back out there, and I was more so miserable. I can't like play because I've been playing football my whole life and as a competitor I want to be out there. But I was also happy, you know, for [QB] Marcus [Mariota], I was happy for the guys to see how they battled and bounced back each and every week and how they played. And all I did was kind of just focus my energy on, like I said, being a great teammate in my rehab.”

On having WR Noah Brown back:

“I mean, it would be great for the whole band to be back together. So it, it'll be fun and I don't, I don't think we have any expectations. I just want to go out there and execute at a high level with the guys and see what we could do.”

On playing in a way where he can start the next season healthy:

“I mean, who’s to say I'm not going to go in the next year healthy? You know, we’re taking it one day at a time, one game at a time. So, for me it's like I love this game, man. Before I was getting paid, I was playing it for free. So, who am I to go out there and not have that passion for the game. So, for me, I'm a young guy still trying to develop, still trying to learn and, you know, these games are critical.”