

October 14, 2025

## Head Coach Dan Quinn

### **Opening Statement:**

“Let's get rolling. I think, you know, we got to talk about the game, but I thought, you've heard me talk a lot about complementary football and a team can win a game without it, but it cannot consistently win without all phases rocking together and we've had some times where we're playing complementary football and sometimes that's led to us winning, but too often it's led to us beating ourselves. So, all three phases feed off each other and it's worked for us, and it's worked against us. I absolutely love how we fight back. I love it. There's nothing, no fight that we think we're out of, but we have to enter into these games physically, mentally, emotionally, all of it, all the time. Then start in the second or third quarter starts, you know, right here in Ashburn meetings practice. And so that's what I'm looking for. If we're going to be a team that gets better and does those things, we've got to consistently be about it. So, on a short week, I know you have a lot of questions on injuries and transactions. I'm not going to be able to give you anything on that today as we're still working through that and lots to go through tonight. I'll update you best I can before practice tomorrow. And with all that said, I'll get rolling with you guys for today.”

### **On the run fits throughout the game:**

“I think it's been an area that we've improved upon. I was not pleased with the second level run fits in the last night's game. So not to lump it all into one, but it kind of like, you know, most things, even with the complementary things I like then didn't things I like, things didn't. So, we've got to work hard to level those out and that's for sure.”

### **On the margin for error this year compared to last season:**

“I think the NFL in itself, the margin for error is really small and you know for all of us you have to know what it's like to win a game. You also unfortunately have to know what it's like to go lose it. You have to feel from it, and you have to lean into it and that's what I intend, you know, to do is lean in hard on these moments because when you have your chances to go get it, you got to nail them. And you know, as difficult as it was to still be in that space at the end is surprising. But we were ready to go do that and I'm excited about, you know, what we do and how we will go do it, but make no mistakes. Yeah, you do have to gain from them, and the margins are small, whomever you're playing.”

### **On the teams' pass rushing performance during the game:**

“I thought at the end of the half we had some good pressure, and I know [DE Dorance] DA [Armstrong] and looked like [LB] Frankie [Luvu] ended on one. It was good to see that as a two minute at the end of the half. But it's just from, you know, us digging in always, that's where we're not ever going to stop competing, you know, and finding ways and looking. So, we'll do that, you know, kind of the whole way through.”

### **On looking at the physicality of the game while watching film and correction moving forward:**

“I think there was, there's, look there's plenty that I was, I was pleased with, you know, to see physicality going and then there's others that I didn't love it. And that's part of the consistency of like leaning in over and over again and probably what I was talking about even at the top of man, just, I love the way that we

fight back I want it right from jump street and all the way through. And so that's what I want us to lean in towards. As far as it goes into being physical, I think effort and mindset, you know, felt good at the strong at the start of the game. I just want to make sure that's the whole way every play how we get down. And it's difficult to attain that, but I think it's a standard worth going for and it just can't be, you know, this game or that game. It just has to be how we live and how we play. And so, as you're going through the season, you're trying to level that out and keep making gains on it and, but we do have to live it if that's how we say we want to be about it we have to do it all the time.”

**On how the team can get off to faster starts:**

“Yeah, and I thought we were off to a good start, then we threw an interception. It was about nine or 10 plays in going down the field to get going. So, you're right though man, I'm digging in to try and find an edge to try and find something to do that. It'll likely include something at practice, some type of competition that will go back and forth. Generally, that's where we find our best improvement, going against one another, trying to find something, so I may just spot it and play to get a jumpstart onto some things. So, that's what I'm looking for from our team, but it'll likely have something to do with the practice part of it first.”

**On the challenge of overcoming a loss like the one against Chicago:**

“Yeah, it's a good question. And I don't know if get over is the right word for me. I'd rather make sure we still lean into it first and it sucks, man. You have to embrace that a little bit and knowing what to feel from it, what to learn from it. You're right that you don't carry it into the days ahead. There's plenty to learn. If they could play today, trust me, they would. It's the kind of loss that pisses you off and those can also, they can have some real meaning if you lean into it and trust me, we'll be leaning into it for sure. But we do have to turn the page in terms of the preparation heading into Dallas and all the unique challenges they have.”

**On if QB Jayden Daniels saying he lost focus on the fourth quarter turnover was surprising:**

“No, it doesn't surprise me. It actually probably enhances what I feel about him. That's just like him to go through those spots and I'm not surprised that he said that. I had a text that we exchanged today, I won't share that, but just about how important it is, how he plays and I'm certain he'll learn from it.”

**On if he's surprised Chicago stayed in 11 personnel for most of the game:**

“Yeah, I wasn't all the way surprised. I was expecting lots of personnel groupings changing. That's what they had done the game before the bye, but sometimes when guys are coming back off of injuries and such, that can play a role in it too. So, I can't speak to that, but I thought [Defensive Coordinator] Joe [Whitt Jr.] and the guys were ready if they wanted to go multiple groups, they could. Next, I thought we made some progress with the exception of the last third down into that as it went into the game. But yeah, I knew that they've had some games where they played more personnel groups than others and so, we were ready if they did but I wasn't surprised necessarily, but they've got a good skill group, and I'm not surprised they stayed in that one. That seems to be one that's a good one for them.”

**On an area of concern for the team:**

“Just the fact that we haven't done complimentary as well as we need to in the six games. So, there's been times that we have, and it feels like winning and it feels like the things, we do feed off of one another and then there's times when we don't and we had a chance at the end to get some points at the end of the half and missing those spots. I liked how the defense then responded in their own two minute at the half, but the more we can lean into one other, the better it is for us. That's plain and simple and when we're at our best. So, that's what I want to make sure we capture and not just some of the time, but all the time.”

**On the offensive line's performance:**

“Over the last couple weeks, we've been pleased with the run game and thought that was an area we could really lean in to get some bigger gains and some bigger ones to hit. That did not happen, so like most things we're going to emphasize the things that we need to, find our spots to go get better and go dig in to go do that. I'll probably hit with you guys tomorrow, how we'll work different people back into different spots and I'm looking forward to seeing that too.”