

August 14, 2025

Head Coach Dan Quinn

Opening Statement:

“Hope you guys enjoyed the burgundy and gold scrimmage as much as we did. It's as much for the staff as it is for the players. Both [General Manager] Adam [Peters] and I on our staff have real leaders there and putting people into different roles and having them have that experience is so valuable. So, we got a lot of valuations and we think of us as a developmental team, not just for the players, but for the coaches and the staff as well. So, we're pumped to do that for a couple days with everybody. As we're getting into this block of preseason game number two, injury scenarios are similar to preseason game one. And we did make one roster move. We signed safety Daryl Worley, and so we did that this morning. So, with all that said, let's get rocking with you guys and get started.”

On what he learned from the burgundy and gold scrimmage:

“I liked seeing us in situations on the sideline, but I thought, I was pleased to see defensively really, downhill and being aggressive into our fits. You don't get all the way to live tackling, but in the preseason those are the things you want to work at the most, so those were some of the ones. I thought from a defensive line standpoint, I like the aggressiveness that they established and played with. I also really enjoyed seeing different people in different spots and stepping into that space, so much like you do with a player, see what else that's there, you can do that with the staff as well.”

On having WR Terry McLaurin on the sideline during the scrimmage:

“Certainly sounds like an update to me [laughs], but we'll work our ourselves through it. Yeah, I gotcha. Yeah, yeah, semantics. It was nice to have all the guys here. A lot of the guys did their rehab runs before coming out. So, I kind of just wanted them to be around the guys and have some energy because most of the time they're having to do a lot of that running during the practice. So, we have a whole schedule of how to do that one. So, they all came in early to get their running in so they could be on the sidelines. So, that was my intention for us to make sure when you're putting in the work on the rehab and for Terry and the other guys that were doing that, I also wanted them to say this is coming again soon. You're going to be back out there with the guys. You can feel a little isolated, a little disconnected sometimes when you're going through the rehab process. So, we had even some guys into our walkthroughs and things today as we're getting ready. So yeah, that was by design for he and for the other guys to put them into that spot.”

On the tight end room learning from TE Zach Ertz:

“Yeah, it's a lot. I think it's the standards that Zach is willing to go to when you see another, taking a sacrifice to a new spot. And let's just isolate [TE] Ben [Sinnott] and [TE Colson] Yankoff for an example, coming out of college you're all into this space, then you think you're going hard and doing all you can and then you see somebody else taking it to a whole new space and you're like, damn I can take it further. And all of us as you get into that space, there's another level that most people can tap into. Zach does that. And so, seeing that as an example I said, man, I can do more. And I think Wags [LB Bobby Wagner] is an example of that to show there's another spot, there's another space. So, without saying anything it happens. And then I think the knowledge that they're able to share to one another, that's a big

piece as well. I see that with some of the veteran players, a [LB Nick] Bellore on a special teams, just the guys that have had different insight, that helps, that helps a lot.”

On great moments during Tuesday’s scrimmage:

“Yeah, I think going through it you want to see different spaces. I love seeing the extended plays outside the pocket. I saw [QB] Sam [Hartman] on a scramble that converted. I really liked seeing the corners play where they were at. Their team had more disguises, and I just liked, it was crisp, it was sharp. Still trying to get, there were two penalties pre-snap, so those are ones that I didn't like, but there was definitely some wows. [CB] Mikey [Sainristil] had some, [DT Javon] Kinlaw I thought with some, DA [DE Dorance Armstrong] for sure. I liked a couple of the throws I said by Sam. Those were a few that that jumped out to me.”

On CB Noah Igbinoghene:

“Two positions and then the other one is also on the return game. He’s real speed and so seeing him in the return game last year with his wrist being injured so early, we didn't get a lot of returns from Noah after he injured his wrist. So, to see him be able to cut go up field to do that, that's a part that I liked. We got a little bit on the edge in the game or the other day, and I want us to be on that edge and embrace it, but I also want us to know how to reel it in and those are good moments to teach from as well from the game.”

On concern level with T Brandon Coleman missing practice time:

“Yeah, you always want that to happen, a hundred percent, no doubt about it. And so, it was nice having [him] participating in some of the stuff today we had as our early walkthrough. So, to see him getting closer, I'm pleased about that because no one wants anybody to miss. I know it happens, and I try to think about the things I can control and the things that I can't and on the injury side that happens. And we just try to do the best that we can in that space knowing that, that likely does. But yeah, I don't like when it happens, and I want them to get as much as they can. So, I'm hopeful that we're getting much closer to that because the time, the reps, the communication, they all matter.”

On what G Nick Allegretti is contributing to the offensive line:

“Yeah, Nick is not only one of the leaders on the offensive line, he is one of the leaders on our team. And so, he's always been that way. Him and [T Andrew] Wylie, ‘Yep, whatever you need coach,’ to go and move. So, he kind of has that attitude about him. It's why so many teammates gravitate towards him. So, right guard, center being in both of those spots, he's really stepped into them seamlessly for all the reps he did on the right. And I would imagine early on in his career, he did more of that in Kansas City of moving to different locations and he certainly was able to handle that.”

On cancelling the joint practice with Baltimore:

“Yeah, sometimes just schedules don't sync up as it hits. And so, I visited with [Baltimore Ravens Head Coach] John [Harbaugh] last night and he's always choosing the best choices for the players. So, every once in a while, it just doesn't sync up. And so yeah, we're bummed. We got a lot of respect for them and we're looking forward to it, but we'll get to see them a couple days later after that, so it'll be good.”

On how the practice cancellation effects playing time for Monday night’s game:

“No, I separated those before we even thought about for Baltimore. We got a big crew that will get some reps in the game versus Cincinnati. The plan will be to have some of the starters getting some snaps, it'll still be customized but it wasn't affected by the joint practice. I was looking forward to it just because we regard their team well but like I said, sometimes it just doesn't sync up as it's going. So, we're bummed about it but like I said, always the best choices for the guys.”

On moving players into different roles:

“Yeah, I saw a little bit of [WR] Jaylin Lane playing outside. So, we featured them more in the slot and in yesterday's scrimmage we featured him more outside. So, that's another element, another dimension, what do you do from a player who's outside to in? There's deeper routes, deeper overs, and with his speed we wanted to go into that. We know what we've seen on breaking people off in man-to-man, so that was one. We worked some of the defensive ends over the guards as pass rushers a little bit with [LB] Jacob Martin, a little bit with Dorance Armstrong. So, those would be a few that you know might have been just changing around in their positions and seeing some different roles.”

On WR K.J. Osborn and WR Michael Gallup:

“And I think we talked about K.J. during the spring. I just felt his speed right off the bat and sometimes as you're coming through on a team, it's later and it's just not as easy. But what I did notice was in this spring, man, I feel the speed and then we added the return element with him. He's got a punt return background, so that's what I've seen from him. And then from Michael, we've always seen the deep ball connections, the deep outbreaking routes. And so, to see him regain his strength and regain some of the momentum, that's been good for us.”

On seeing a poor practice from QB Jayden Daniels:

“Yeah, I guess that's the silver lining in some things. When you see a practice that doesn't look quite as good, it maybe jumps out to you because they're pretty rare. And those are honestly good moments to have as well, as a competitor, as a player and look at what was different, what was the same. So, we visit a lot, he and I do, and I enjoy talking to him about different players and different matchups and we were just having that discussion today and we were talking how much better the unit is, where they're going and how they're doing it. And he said, ‘Man, think about how much better that is for the offense.’ So, no surprise that his attitude was right on point about it because he kind of relishes the challenge to be honest with you. So, when those moments come up and he is going again the next one or the next day, yeah, he's pretty ready to get it on.”

On Kinlaw's room for growth:

“It's a fair question and the answer is yes. And I think maybe it's because of injuries early where you'd be surprised how much that can set somebody back. When you just don't get the reps or the playing time and in a smaller version where even [DT Jer'Zhan] Johnny Newton, as good as I think is trajectory is going to go, not having training camp and an offseason with his foot injury and training in the same way, it's different now going into year two with him. And I sensed that with JK [Kinlaw], his weight's down, he's healthy and I'm just seeing this arrow that's going up. I felt, for us, he was one of the players in our burgundy and gold scrimmage that really stood out the most. So, I like where he is at mentally, physically, and really putting it all together. But I would imagine that the injury history maybe that sets you back some and now it's coming back twofold with all the practice and the reps and the development.”

On schedule changes after cancelling the joint practice:

“We'll work with the game Monday night, the players have off Tuesday, we'll work a lot of situations on Wednesday and then we'll work some more against one another here Thursday. But yeah, we'll be going at it again that day.”

On if cancelling the joint practice changes the ramp-up timeline for players:

“Yeah, you would like that, that'd be the first ideal spot because ramping up helps when you're playing and if we can, then we would do that. Yeah, so that's not off the table for sure.”

On the regular season overtime rule changes:

“I'm glad that you brought that up. Think of our game against Atlanta and scoring first. So, that's really the one that I used as the example when that touchdown happened the game ended. So, I said now think the other team gets the possession, so it does affect, do you want the ball, do you want to kick? So, there's other examples that go. And also, with the 10 minutes of it, if you're towards the end of a drive, do you play it a little bit differently and working as you're using some clock going down the red zone. It's not as easy to, hey, use the clock and score a touchdown. Yeah, no shit [laughs]. Yeah, that'd be so awesome if you could do that [laughs]. So, it's more like, 'Hey, you don't have to score right away.' It's like, well if it was that easy we would do that all the time. So, there's strategy involved, and I think it speaks to the fight about finishing, that when it gets to overtime there's another one to go. That both teams are going to get their shot to go get it. And so, finishing's going to be at the end of the game for both sides. Getting the score, getting the kick, getting the stop. Those are big moments, so yeah, it's a good question and one that we're looking forward to. And I think that not having overtime in the preseason was another one added. I think that adds the right spot. I think there's been one so far in the preseason, but I think that's a smart call too.”