August 23, 2022

DE Casey Toohill

On his growth from his first year to second year:
"Really just that growth and that understanding. I remember my first practice just getting tossed around and being like ok I really just need to make my practice better. I need to have better habits. I need to spend more time outside of the building and then things should be better from there."

On the defensive line being the loudest unit at practice but him not chirping:
"That's just not my style. You know, I do every once and a while. I think if you ask guys, they will say I can definitely be loud every once and a while. But yeah, in practice just try to focus, feed off the energy. It's not to say that I don't have energy out there at all, but I love when those guys get going and feeding off that. But I don't always chirp, you know, just try to focus on what I'm doing."

On if he overlapped with QB Carson Wentz in Philadelphia:
"I did briefly. I was there four or five games and the summer, so yeah, I overlapped with him. Really enjoyed meeting him there. He was nice to be from day one. I was a seventh-round pick, he had no reason to be but he was always kind to me which I appreciated."

On how he viewed the opportunity to play last year and how he feels the opportunity for this year:
"You never ever want to see someone get hurt or hurt severely so obviously I wasn't happy that Chase [Young] got hurt. It was very unfortunate to see. He's a great player and a great friend so I hated to see that but yeah it was an opportunity. I don't think I had like a moment of a great analyzation or something. There wasn't a lot of thinking about it. Just happened like ok, I've taken reps with the ones before. Like OTAs people were injured, I'm ready to go. It was just dialing in my focus, doing the same thing I've been doing but just more of an opportunity and more plays. I think it's the same now, keeping that same focus as I had before and getting things going."

On what he did this offseason to get ready for the season:
"I just think every year that I've played it's become more about the details. As generic as that sounds, I'm sure you guys have heard that before but it's true. When you are younger in your football career, you think about bigger things like getting faster, getting stronger. That was obviously an emphasis, still is but I remember after my first season I was like ok I have to get a lot bigger. I have to get a lot stronger. Then last year, it was just the minute details of my job. Hand placement. Foot work. Certain little pass rush things just you know, the very small things that I thought could make a big difference in the end."

On what it's like having Ryan Kerrigan around as a coach:
"It's been awesome. You know, it's funny because I got here when he was still here, and I remember he introduced himself to me and I was like man I know who you are. I watched your film in high school class when it was music class and I should have been learning the saxophone or something like that but I watched his film. That was awesome then. So helpful then. And then to have him come back, it's like good to see you but now he's coaching. Every step has been awesome like having him on the sideline, being able to talk to

him, it's been a dream come true. I love working with him. He's got a great mind set and it's been a great pleasure."

On what it would mean to end the Ravens' preseason win streak:
"I mean, you always want to win. That's always the goal. I didn't even know that, so you learn something every day. But that doesn't really change our focus. We want to go out there. We want to execute better. We want to play hard. Do our job so that's the focus and then winning comes from there. If we are too focused on that end result, I think that's where mistakes happen and things like that."

On if they do win if they will pour the Gatorade on Head Coach Ron Rivera:
"I'm not usually in charge of that. That's a good question. I'm not sure. I don't really handle Gatorade dumping responsibilities so I'm not sure."

On what he has learned from DE Chase Young so far:
"You know Chase is very technical and a very, very smart guy. I mean, what I've really respected and appreciated about him during camp is that he's out here and he's coaching us. He's not sulking. He's not just saying things to say things. He's being very helpful with technique. He's been very detailed with all of us and he coaches everybody. It's like having another coach on the field. Big emphasis on staying low. Low pad level. Helpful with pass rushes. Some run stuff. He sees things very well in terms of football, so that's just been helpful to have another coach around."