

July 29, 2022

DT Daron Payne

On his contract situation:

"I'm just playing, playing hard you feel me? I love playing football, so that's what I'm doing. I get a chance to go out here, show my stuff. That's what I do every day."

On playing against QB Carson Wentz:

"He a good quarterback. He slings the pill around. I'm excited to have him on my team."

On if it is hard to focus on football and not the state of his contract negotiations:

"I'm here for the football. You get the contract for playing football."

On why he is optimistic about taking a step forward this year:

"I feel like we just go every day trying to work hard, play hard, practice hard, and go in after practice reevaluate and come back out the next day and put up another good day."

On if there is a specific area the coaches want the team to emphasize this year:

"I mean, this camp we are trying to get better in everything like overall defense and get off the field on third downs. Just be better on first and second down you feel me? So, a little bit of everything."

On what the issue was on third downs last year:

"I really can't say."

On if he has set any goals for this upcoming season:

"I'm always looking to improve my game. Just get bigger, faster, stronger, in more shape. I want to rush the passer. I want to stop the run. You feel me, everything."

On working with DT Phidarian Mathis:

"I really haven't gotten the chance to really play with him yet because I'm I be on the field with [DT] Jon [Allen]. So I really can't say right now."

On how he has evolved as a player:

"I mean, coming out of college, I probably had three sacks my whole career. So I've been upped there a whole bunch, so I just been trying to piece together my pass and rush game. And I feel like I'm doing a good job, but it's just always a learning process and always think you can get better."

On if the defense got together over the offseason:

"I know D line wise, a lot of us, we really train in the area and work out here. So, we been seeing each other all off season training together, working out together. We get together after practice and hang and stuff together."

On how much they reflect on last year when they are together:

"We really don't talk about last year. We trying to get better this year you feel me. Every new season has its own trials and tribulations. So we trying to get better and get ready for this year."

On if the scheme allows for him and DT Jon Allen to get more sacks than the edge rushers:

"[Defensive coordinator Jack Del Rio], he gives us the freedom to really let us get vertical of the field, so it allows us to be more aggressive and get to the quarterback more often."

On what interior pressure do for the defense:

"I know it makes it hard on the quarterback. It makes it hard on the offense and it makes it easier for our DB's and stuff. So I know if we rush together as a D line, it is usually a problem for teams."

On where the defensive line likes to go out to eat:

"We usually go to like a steakhouse or something."

On how much they eat at the steakhouse:

"Them boys can eat. I ain't going to lie. They be getting it in."

On how much it will mean to get DE Chase Young back:

"I mean he be in film with us, so we all be watching film together, talking through things. So when he get back out there, its just him getting the feel of the rush with me and rushing with other guys."

On how the players keep spirits up when missing extended time due to injuries:

"I mean, I feel like it's just a mindset thing and [DE] Chase [Young] got a real good head on his shoulder and I feel like he's just ready to get back out there and show everybody what he got. Who's next pick up the bill. It usually goes between either me, Chase or [DT] Jon [Allen] or [DE Montez] Sweat. One of us maybe take care of the group. Yeah."

On how he likes his steaks cooked:

"Medium."

