

WASHINGTON

FOOTBALL TEAM, EST. 1932

INOVA SPORTS PERFORMANCE CENTER - LOUDOUN COUNTY, VA

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Defensive Coordinator Jack Del Rio

On how he has seen pass rushers refine their technique and grow from Year 1 to Year 2:

"Yeah, that's what will occur. Doesn't come all at once. They tend to come in bunches and we're looking forward to that getting started."

On what pass rushers that he has coached in the past have done to get sacks in bunches:

"Just work. It's really work. Be relentless, don't fret, don't worry, just work and be purposeful and be urgent. All those types of things. We don't want our guys stressing out. We want our guys to go hard, play hard, have fun and get after it. That's what we're going to get down to."

On if it is hard to get his players to not panic at this point in the season:

"I'm going to set the lead, set the tone. We're gonna carry on and improve as we go through the year."

On CB Benjamin St-Juste being in the concussion protocol:

"Yeah, we like what Benjamin's done. He's done a great job for us. He's a little banged up right now, so that's out of my hands. I'll let Coach [Rivera] speak specifically to that kind of stuff, but we like him. He's a good young player and he's done a nice job for us."

On what he's seen from CB Torry McTyer:

"Good player. That's the next man up type thing if [St-Juste], isn't able to go. Tory has had some practice this week and [CB] Daryl Roberts obviously will be involved. So yeah, next man up type mentality."

On why players freestyle or don't play within the scheme of the defense:

"Yeah, the desire to make plays. We're at our best when we're all doing our job, on point, kind of on a mission, we all have assignments within the mission. It gets better and more fun when you're on point and when you're not, it doesn't go quite as well. So we're about sticking together. We're a group. I love my players. I love my coaches. We work with really good people every day. We've got great energy and focus and we're just working hard to make it be better."

On if he still thinks that the defense can achieve their goals this season:

"Yeah, I mean we don't hand out trophies after three weeks. It hasn't been the start that we all wanted or even expected, but it is what it is and we'll deal with it. Kind of man up, take responsibility. Accountability starts with me. I've made that very clear with our group of coaches and players. We all have to do that. We all need to be this much better, and then it gets a lot better for all of us. It's shared responsibility. It's very much accountability and like I said, I love my guys. I love the players and coaches that I work with every day. It's a really good group."

On if DE Chase Young stutter stepping too much is a sign of a player who is trying to do too much:

"We're coaching out the things that we don't want to see and we're coaching and looking for the things we do want to see. I'm not going to refer specifically to one guy. It's a group, we're all in it and we all share responsibility. We all need to be on point in carrying out our mission."

On if there are still coverage disguises that they are working on because of some of the new personnel in the back end of the defense:

"Well, of course, but I'm not going to offer up. I'm not an excuse maker. I'm not going to get into trying to explain away anything. We need to play better and we're going to focus on how and what we need to do for that to happen."

On if there are any miscommunication issues on the defense:

"Any of those types of things are my responsibility to make better. I'll clean that up."

On CB William Jackson III having a pass interference in each of his first three games:

"Yeah, he was interfered with last week. They called it right the first time. [LB] Cole [Holcomb] was interfered with as well. So, those are two touchdowns you could take off the board. Yeah, I love the way he's competing. He's a competitive guy. His technique was really good last week on that particular play that was somehow turned from what it was originally called to something that went clearly in their favor. But I like the way Will's competing and we'll continue to play good football with Will."

On if he got any clarification on the calls he referred to:

"I can't really get into that kind of stuff. I think Coach [Rivera] has to handle that kind of business. I think there's a kind of a code on how we handle the information we get."

On what the conversation he and DE Chase Young had on the sidelines on Sunday's game was about:

"It was a great conversation. Chase was specifically talking about us and our need to fight and do the things that were right. I'm all for it. I love his energy. He's got great energy."

On if he feels like the defense has been too cautious on third downs:

"Yeah, like I said, we're providing clarity where we can. We want to play fast. We want to play confident and ultimately you have to make plays to get off the field."

On what his expectations were for this defense coming into the season:

"Yeah, my expectations are for us to come out every week, respect our opponent, but not fear our opponent and come out and do the things that need to be done to help our football team win. We have a great attitude. We're giving great effort. When you're doing those things, you have a chance. We'll get it turned and going in the right direction."

On what he has seen offenses try and do to neutralize the team's pass rush:

"Yeah. There's always the chess match. They've got different things they can do. They can chip, they can go five out, however their approach, they've got to decide what they want to do offensively. Defensively, we've gotta be able to attack it."

On if he sees the guys starting to come together as one unit after the loss last week:

"That's what we're working at. Like I said, I love my guys. I love the players and coaches I work with. It's a good group and we're going to play better football as we go. So, I'm excited to get started this weekend, get this last game in our rear view mirror and move forward."

On the defensive line having the expectations of being the best in the NFL:

"I don't care about that. Hype doesn't mean anything. That's part of the game. We love that you all cover us and we love that the fans are excited about it and you can have all of your ranks and thoughts about ranks and all that you want. And I'm happy with that. It's great. It's great for the game. At the end of the day, it's a performance based business. Potential doesn't mean much. So we're about production, we're about playing well together and that's where our focus is. What gives you a chance is when you have a good group of men that are working together, that are staying together, that are willing to take accountability and we'll get it going."